



# Jun 2026 Programme

## Spiritual Director - H.E. 19th incarnation Lochen Tulku Rinpoche 承传上师第十九转世洛钦法王

Led by Geshe Dorje Tenzin. All are welcome to learn and practice from venerable monks of the Gelug Lineage. For any enquiries, contact Geshe Dorje at 67476650 / 83711554  
由格西杰天晶及法师引导大众，学习与实践藏传格鲁派佛学，欢迎踊跃参加我们的法会与共修。询问电话67476650 / 83711554  
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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1	2	3	4	5	<b>Teaching 6</b> <Three Principal Aspects of Path> Taught by H.E Tulku Tenzin Lekshe Rinpoche < 三主要道 > 由尊贵的祖古丹增格言仁波切教 <b>7pm</b>
<b>Initiation 7</b> White Dzambhala Initiation (Jenang) [No mandatory practice] bestowed by H.E Tulku Tenzin Lekshe Rinpoche 白财神随许灌顶 [无必修功课] 由尊贵的祖古丹增格言仁波切授予 <b>2pm</b>	8	9	<b>Teaching 10</b> Guru Puja & Tsog Offering cum June Born Birthday Blessing 上师荟供暨 庆祝 6月生日祈福 <b>7:30pm</b>	<b>Teaching 11</b> <Three Principal Aspects of Path> Taught by H.E Tulku Tenzin Lekshe Rinpoche < 三主要道 > 由尊贵的祖古丹增格言仁波切教予 <b>7pm</b>	12	<b>Teaching 13</b> <The Foundation of All Good Qualities - Yönten Shirgyurma> Taught by H.E Tulku Tenzin Lekshe Rinpoche < 功德之本颂 > 由尊贵的祖古丹增格言仁波切教予 <b>7pm</b>
<b>Initiation 14</b> Medicine Buddha initiation (Jenang) [No mandatory practice] bestowed by H.E Tulku Tenzin Lekshe Rinpoche 药师佛随许灌顶 [无必修功课] 由尊贵的祖古丹增格言仁波切授予 <b>2pm</b>	15 (五月初一) 4hrs Auspicious 108 butter lights (\$35 - full day offering) 4小时吉祥108盏酥油灯 (35元-全天供养)	16	17	18	19 (五月初五) Dragon Boat Festival 端午节	20 400 Offering Obstacle-clearing Puja (Those attending the Dharma assembly, please bring a small piece of your own unwashed clothing tag.) 四百禳灾法会 (参加法会者，请携带一小块您自己未洗过的衣物标签) <b>7:30pm</b>
<b>Father Day 21</b> Vajravidaran (Dorje Namjom) Cleansing Healing Puja (Vegetarian Diet) 摧破金刚(多杰南炯)沐浴治愈法会 (素食饮食) <b>10:30am</b>	22	23	24 Guru Puja / Tsog Offering 上师荟供 <b>7:30pm</b>	25	26	27 Heart Sutra Puja (Those attending the Dharma assembly, please bring a small piece of your own unwashed clothing tag.) 观世音菩萨般若心经法会 (参加法会者，请携带一小块您自己未洗过的衣物标签) <b>7:30pm</b>
28 Leng Chag Torma Puja (Vegetarian Diet) 还债食子法会 (素食饮食) <b>10:30am</b>	29 (五月十五) Universal Prayer Flags - \$35 for each name /company (a set of 5 color flags) hanging top of Himalayan 喜马拉雅高原高掛五彩經幡- 每名/公司 \$35(一套五彩經幡) <b>10:30am</b>	30				