



Apr 2026 Programme

Spiritual Director - H.E. 19th incarnation Lochen Tulku Rinpoche 承传上师第十九转世祖古洛钦法王

Led by Geshe Dorje Tenzin. All are welcome to learn and practice from venerable monks of the Gelug Lineage. For any enquiries, contact Geshe Dorje at 67476650 / 83711554

由格西珠杰天晶及法师引导大众，学习与实践藏传格鲁派佛学，欢迎踊跃参加我们的法会与共修。询问电话67476650 / 83711554

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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1	(二月十五) 2 4hrs Auspicious 108 butter lights (\$35 - full day offering) 4小时吉祥108盏酥油灯 (35元-全天供养)	3 Good Friday	4 Heart Sutra Puja - 觀世音菩薩般若心经法会 7:30pm
Qingming Festival 清明节 5 (1) Great Prostration to the Thirty-five Buddhas 大礼拜三十五佛 cum White Umbrella Deity Puja 大白伞盖佛母法会. 10:30AM	6 Qingming Festival from 5/4 (Sunday) to 11/4 (Saturday) 清明节@ 5/4 (星期天) 至11/4 (星期六) 3pm	7 Qingming Festival from 5/4 (Sunday) to 11/4 (Saturday) 清明节@ 5/4 (星期天) 至11/4 (星期六) 3pm	8 Qingming Festival from 5/4 (Sunday) to 11/4 (Saturday) 清明节@ 5/4 (星期天) 至11/4 (星期六) 3pm	9 Qingming Festival from 5/4 (Sunday) to 11/4 (Saturday) 清明节@ 5/4 (星期天) 至11/4 (星期六) 3pm	10 Qingming Festival from 5/4 (Sunday) to 11/4 (Saturday) 清明节@ 5/4 (星期天) 至11/4 (星期六) 3pm	11 (1) Qingming Festival from 5/4 (Sunday) to 11/4 (Saturday) 清明节@ 5/4 (星期天) 至 11/4 (星期六) 3 PM (2) Cittamani Tara Puja 如意珠度母共修 7:30PM
12 Guru Puja / Tsog Offering 上师荟供 10:30am	13	14	15	16	17 (三月初一) 4hrs Auspicious 108 butter lights (\$35 - full day offering) 4小时吉祥108盏酥油灯 (35元-全天供养)	18 Setrap Puja / Tosg Offering cum Apr Birthday Celebration Blessing 金甲衣护法荟供法会 暨 庆祝4月生日祈福 7:30pm
19 Vajravidaran (Dorje Namjom) Cleansing Healing Puja (Vegetarian Diet) 摧破金刚(多杰南炯)沐浴治愈法会 (素食饮食) 10:30am	20	21	22	23	24	25 400 Offering Obstacle-clearing Puja - 四百禳灾法会 7:30pm
26 Guru Puja / Tsog Offering 上师荟供 10:30am	27	28	29	30		

Auspicious 108 Lights Offering (\$35 per name or per family) *吉祥108灯供养*(每位姓名 或 合家 35元)

Offer 108 lights daily at our Centre for: (1) *Special Occasions*: Birthdays, anniversaries, and more, (2) *Auspicious Days*: 1st and 15th of the lunar month, (3) *Dedication for Deceased Loved Ones*: Accumulate merit and bring peace

本中心每日供养108灯，适用于：(1)*特殊场合*：生日、周年纪念日等，(2)*吉日*：农历初一和十五，(3)*追思已故亲人*：积德行善，祈求平安